

General Information About the Faculty

The Faculty of Health Sciences at Istinye University aspires to become a leading and exemplary institution recognized internationally, with strong academic foundations and collaborations. It aims to be a preferred choice for the most successful students seeking health education at international standards and a top priority for institutions seeking to employ graduates.

The six departments within the Faculty of Health Sciences represent promising and highly in-demand professions both in Turkey and worldwide. These professions, which enable multidisciplinary and interdisciplinary teamwork, offer students a wide range of career opportunities.

Graduates can work in private and public healthcare institutions, education and rehabilitation centers, or as consultants, trainers, or managers in public and private organizations. Additionally, they can open their own private clinics or pursue postgraduate education programs to build academic careers as researchers and faculty members.

Midwifery



General Information

Midwife: According to the World Health Organization, a midwife is defined as “a person who provides the necessary care and counseling during pregnancy, childbirth, and the postpartum period, independently manages normal deliveries, and offers care for newborns and family planning counseling.”

Midwives serve as healthcare consultants for women, families, and society. Midwifery plays a crucial role in the proper and effective delivery of maternal and child health services and primary healthcare. Midwives are responsible for monitoring and counseling pregnant women, addressing their healthcare needs, planning births, and providing postpartum mother-child follow-up care, including promoting breastfeeding. They play a key role in implementing the Ministry of Health's policies to encourage natural childbirth and breastfeeding, making midwifery an increasingly vital profession.



Career Prospects After Graduation

In Turkey, individuals with a bachelor's degree in midwifery graduate with the title of “Midwife.” Midwives can work in:

- Public hospitals
- University hospitals
- Private hospitals
- Medical clinics
- Maternity homes
- Family Health Centers / Health Clinics
- As Independent Midwives (providing midwifery services independently of institutions)
- As Academic Midwives in university academic staff roles



What Makes the Department of Midwifery Unique?

Modern educational infrastructure and laboratories

Opportunities for clinical practice both on campus and in hospitals

Academic staff specializing in their fields

International education opportunities

A strong professional communication network in the field of health sciences

Physiotherapy and Rehabilitation



General Information

Physiotherapists add freedom to human lives in many ways, from a baby's first steps to helping an adult relearn how to walk after a stroke or aiding a professional athlete's return to the field. Today, physiotherapists focus on maintaining and improving quality of life by promoting health, preventing diseases and related conditions, treating existing illnesses, and providing rehabilitation.



Career Prospects After Graduation

Graduates of the Physiotherapy and Rehabilitation Department can find opportunities to work in public and private hospitals, healthcare facilities, private rehabilitation centers, prosthetics-orthotics and rehabilitation centers, primary healthcare centers, industrial facilities, schools, sports clubs, nursing homes, vocational rehabilitation, spa centers, private clinics, and home care centers.



What Makes the Department of Physiotherapy and Rehabilitation Unique?

- Expert academic staff specializing in diverse physiotherapy fields.
- Laboratory applications using advanced technology before clinical practice.
- Internships and clinical opportunities at Medical Park, Liv Hospital, and İSÜFİZYOTEM.
- Opportunities for students to participate in projects as researchers or leaders.
- Member of the European Network of Physiotherapy in Higher Education (ENPHE) since 2021.
- International pathways to earn a globally recognized Doctor of Physical Therapy (DPT) title at WSSU.
- Postgraduate programs in Turkish and English, including specialized fields like sports physiotherapy and doctoral studies.
- Accredited by SABAK in 2023.

Speech and Language Therapy



General Information

A Speech and Language Therapist is a healthcare professional who works to prevent language, speech, and voice disorders, and provides rehabilitation for swallowing, language, and speech disorders diagnosed by a relevant specialist physician. They raise awareness of risk factors in individuals and society that may lead to language, speech, and voice disorders. For patients referred by a specialist, they conduct assessments, plan therapy and rehabilitation, and implement these plans.



Career Prospects After Graduation

Speech and Language Therapists can pursue careers in relevant clinics of public, private, or university hospitals. They can also work in special education and rehabilitation centers that provide services for individuals with language and speech disorders. Therapists have the option to establish private practices or work in centers founded in collaboration with other specialists. Those interested in academia can pursue postgraduate studies at universities both domestically and internationally to build an academic career.



What Makes the Department of Speech and Language Therapy Unique?

- Distinguished academic staff.
- Advanced laboratories and equipment.
- Integration of clinical education with hospitals and universities, where students receive practical training in a secure environment under the guidance of experienced mentors.
- Opportunities for master's and doctoral programs.
- Practical training in hospitals alongside theoretical education.

Child Development

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General Information

The goal is to train "Child Development Specialists" who observe and assess the developmental needs of children aged 0-18, including those with typical development, special needs, those in care, institutionalized, working, refugees, or juvenile offenders, as well as children receiving inpatient or outpatient hospital care. These assessments are based on data obtained from scientific and contemporary tools, combined with professional knowledge, experience, and observations in areas such as mental, language, motor, self-care, social, and emotional development. Child Development Specialists provide services to children, families, other professionals, and the community through developmental, educational, and special support programs tailored to the child's specific needs. They prioritize the best interests of the child, uphold human rights, and are equipped with lifelong learning and self-improvement skills to maintain their competence in modern, professional, and scientific fields.



Career Prospects After Graduation

Graduates can work in a variety of public and private sectors, including:

- Official and private hospitals, Family Health Centers (ASM), and similar healthcare institutions.
- Institutions under the Ministry of Family and Social Services, both central and provincial.
- Educational institutions affiliated with the Ministry of National Education, such as Girls' Vocational High Schools, Anatolian High Schools, nurseries, kindergartens, preschools, and primary schools.
- Special education institutions, rehabilitation centers, and child clubs.
- Numerous private sector opportunities in related fields.

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What Makes the Department of Child Development Unique?

Expert academic staff focused on current and technological advancements.

Curriculum designed in line with the National Core Education Program for Undergraduate Child Development (ÇUÇEP) criteria.

Facilities including one dedicated unit and three workshops to bridge theoretical knowledge with practical applications.

Student-centered learning approach.

Emphasis on teamwork, communication, and collaboration.

Commitment to excellence in care, ethical principles, and values.

Continuous improvement and dedication to individual and professional development.

Nursing

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General Information

The Department of Nursing at Istinye University's Faculty of Health Sciences admitted its first students to the Turkish Nursing Program in the 2016-2017 academic year and to the English Nursing Program in 2018-2019. The Nursing Programs are designed to provide students with the knowledge, skills, and attitudes necessary for nursing by integrating fundamental and clinical sciences with social and behavioral sciences. The curriculum is prepared in line with the National Core Nursing Education Program and includes hands-on professional skills training, ensuring high-quality education through continuous improvement.

In these four-year undergraduate programs, students are required to complete all compulsory and recommended elective courses, as well as laboratory, clinical, and field training within the designated period. To graduate, students must achieve at least 240 ECTS credits and maintain a minimum cumulative GPA of 2.00 out of 4.00.

The Nursing Programs aim to train nurses who can fulfill their roles and responsibilities in accordance with ethical principles and legal regulations in all healthcare settings. Graduates are equipped to provide evidence-based, holistic care to individuals, families, and communities, work collaboratively with healthcare teams and other disciplines, communicate effectively with patients and their families, exercise professional autonomy, embrace innovation, and maintain lifelong learning. They are also prepared to lead in care practices as practitioners, managers, and academicians.



Career Prospects After Graduation

Graduates with a nursing diploma can work as nurses in public and private hospitals, community health centers, family health centers, nursing homes, childcare facilities, schools, workplaces, and all other institutions providing healthcare services. They can also serve as education nurses, specialty nurses, quality improvement nurses, management nurses, and research nurses in their respective institutions. Non-Turkish graduates can work in Turkey in accordance with current laws and regulations.

Graduates who meet the requirements for admission can pursue master's or doctoral programs in nursing or related fields. Those continuing with postgraduate studies may hold academic positions in relevant faculties and schools within universities.



What Makes the Department of Nursing Unique?

- Student-centered learning
- Teamwork
- Communication and collaboration
- Excellence in care
- Nursing ethics, principles, and values
- Continuous improvement
- Individual and professional lifelong development

Nutrition and Dietetics



General Information

Nutrition and Dietetics is a healthcare profession focused on protecting and improving individuals' health and enhancing their quality of life. It involves planning and organizing individual and group nutrition programs based on the principles of nutritional science, raising awareness among individuals and communities, planning the nutrition of expectant mothers, and newborns starting from the preconception period, and designing, implementing, and monitoring diet and education programs for diseases and special conditions that occur congenitally or later in life.



Career Prospects After Graduation

Dietitians play a significant role in the health and food sectors. Their main areas of employment include family health centers, schools, dialysis units, weight-loss centers, hotels, nursing homes, catering companies, air and sea transportation services, rehabilitation units, restaurants, and international organizations. Graduates can also work as academics or serve as managers, researchers, and educators in institutions providing mass nutrition or in public and private organizations related to food and nutrition.



What Makes the Department of Nutrition and Dietetics Unique?

An academic staff specialized in their field.

A curriculum aligned with the National Core Education Program, offering a broad range of elective courses.

All practical courses within the department's curriculum are conducted at Liv Hospital and Medical Park Hospitals under the MLP Care umbrella. During this process, all students have unconditional access to practical training opportunities.

Modern laboratories.

Opportunities for master's and doctoral studies.

Accreditation success by SABAK in 2023.